



Newsletter

September 2025

A New Look for the 21st Century

MS Swale has grown and developed a great deal since its inception in 2018 and is now a thriving local support group for those affected by Multiple Sclerosis and other Neurological disorders. The time had come to modernise our look and develop a logo that was fit for the 21st Century and truly represent the ethos of our group.

Andy Fearn took up the challenge and developed a number of different ideas that members and the committee could review. We also wanted to be able to use the logo on shirts that would be worn by our sporting members with an emphasis on disability sports. After numerous discussions, changes and debate a final version was developed and agreed upon.

Introducing Our New Logos

The upward strokes reflect the optimism and energy of our members. Blue is our traditional colour with the addition of orange, the official designated colour to show support for people affected by MS. The text beneath the logo clarifies the individuals, and their families, that we support.



We have a thriving Para-bowls group and also members that participate in Archery, so we wanted to emphasise our commitment to exercise which increases the physical and mental well being of our members. An enhanced logo for our sports shirts was developed. A logo that showed that having a disability is no barrier to taking part in sports.

I am sure that you will agree that these new logos truly reflect MS Swale. We hope you like them as much as we do?

Thank you once again Andy Fearn for all the work you put into developing the logos.

COME & JOIN US



AUTUMN QUIZ

15th November 2025
7.00 for 7.30pm start
Swale Indoor Bowls Club,
Vicarage Road, Milton Regis ME10 2BL

£6 per person
£2 reduction to members of SIBC
Form a team of 6 with your friends

LICENCED BAR
OWN DRINK NOT PERMITTED

Super Raffle on the night
Book your place now with Peter or Brenda Fathers
Email: msswalegroup@gmail.com



Store Collection

Morrisons, Sittingbourne
Friday 26th September

Can you spare an hour to
help raise funds for the Group

Please contact Peter on 07890 198663



***A smile is the
best thing you can
give to others***



3RD ANNUAL DISABILITY BOWL MATCH—Swale Indoor Bowls Club

Saturday 22nd November

CHRISTMAS CELEBRATION - Lunch & entertainment at Woodstock Club

Thursday 11th December

More details soon



ANOTHER SUCCESSFUL QUIZ

By popular request, we organised another quiz in May. Once again our quiz master was Pat, ably assisted by Ray Wells, Jude Stonham and John Gamble.

Questions included rounds on James Bond, Disney and Drinks. Identifying the names for Animal Groups proved a challenge as did trying to identify chocolate bars from an image. At the end of the evening the “No Nuffings” disproved their chosen name by taking first place once again!

Will they lose their crown at the next quiz?

CALENDAR



SEPTEMBER

5th	Para-bowls, Swale Indoor Bowls Club	12.00-1.30pm
6th	Archery. The Sittingbourne School	11.30-1.00pm
11th	MONTHLY SUPPORT MEETING	13.00—15.30pm
12th	Para-bowls, Swale Indoor Bowls Club	12.00-1.30pm
13th	Archery. The Sittingbourne School	11.30-1.00pm
19th	Para-bowls, Swale Indoor Bowls Club	12.00-1.30pm
20th	Archery. The Sittingbourne School	11.30-1.00pm
26th	Para-bowls, Swale Indoor Bowls Club Store Collection, Morrisons Sittingbourne	12.00-1.30pm 10.00-15.00pm
27th	Archery. The Sittingbourne School	11.30-1.00pm

OCTOBER

3rd	Para-bowls, Swale Indoor Bowls Club	12.00-1.30pm
4th	Archery. The Sittingbourne School	11.30-1.00pm
9th	MONTHLY SUPPORT MEETING	13.00—15.30
10th	Para-bowls, Swale Indoor Bowls Club	12.00-1.30pm
11th	Archery. The Sittingbourne School	11.30-1.00pm
17th	Para-bowls, Swale Indoor Bowls Club	12.00-1.30pm
18th	Archery. The Sittingbourne School	11.30-1.00pm
24th	Para-bowls, Swale Indoor Bowls Club	12.00-1.30pm
25th	Archery. The Sittingbourne School	11.30-1.00pm
31st	Para-bowls, Swale Indoor Bowls Club	12.00-1.30pm

NOVEMBER

1st	Archery. The Sittingbourne School	11.30-1.00pm
7th	Para-bowls, Swale Indoor Bowls Club	12.00-1.30pm
8th	Archery. The Sittingbourne School	11.30-1.00pm
13th	MONTHLY SUPPORT MEETING	13.00—15.30
14th	Para-bowls, Swale Indoor Bowls Club	12.00-1.30pm
15th	Archery. The Sittingbourne School	11.30-1.00pm
15th	MS QUIZ, Sawle Indoor Bowls Club	19.00—22.00PM
21st	Para-bowls, Swale Indoor Bowls Club	12.00-1.30pm
22nd	Archery. The Sittingbourne School	11.30-1.00pm
22nd	Disability Bowls Match , SIBC	11.00
28th	Para-bowls, Swale Indoor Bowls Club	12.00-1.30pm
29th	Archery. The Sittingbourne School	11.30-1.00pm

DECEMBER

5th	Para-bowls, Swale Indoor Bowls Club	12.00-1.30pm
6th	Archery. The Sittingbourne School	11.30-1.00pm
11th	CHRISTMAS CELEBRATION, Woodstock Club	12.00-4.00pm
12th	Para-bowls, Swale Indoor Bowls Club	12.00-1.30pm
13th	Archery. The Sittingbourne School	11.30-1.00pm
19th	Para-bowls, Swale Indoor Bowls Club	12.00-1.30pm
20th	Archery. The Sittingbourne School	11.30-1.00pm

SPRING LUNCH

Members and supporters gathered at the Woodstock Club on 3rd May for our Spring Lunch. It was a lovely occasion, giving us the chance to get together to enjoy a delicious lunch and converse with friends. It was also an opportunity for us to thank some individuals for their contribution to our Group.



Marguerite Mirams and Teresa Owens have been stalwarts on the committee for many years, organising raffles and assisting with fund raising. They were presented with framed Certificates.



Julie Cooper and Daz Nichols were also presented with a framed certificate for their outstanding support in coaching our para-bowlers and providing additional transport.



Give as you Live® Did you know that you can support **MS Swale** when you shop on line, by registering on the Give As you Live site, then when you shop at over 4000 stores on line, including Warner Hotels, John Lewis, Compare The Market, eBay, M&S etc, we will get a commission on everything you spend and it doesn't cost you any more! You just have to go shopping via the Give as You Live site. Its easy to use Go to the website and register <https://www.giveasyoulive.com> We have a simple crib sheet showing you how to do it—Email: msswalegroup@gmail.com

MS SWALE COMMITTEE

Chair	: Brenda Fathers	07890 198663
Vice Chair	: Steve Harbour	07760 119309
Secretary	: Pat Wells	07860 212056
Treasurer	: Steve Davey	
Fundraising Officer	: Peter Fathers	
Committee Members	: Wendy Cork, Allison Webb, Dave Kingston	

All views expressed in MS Swale newsletters are individual and not necessarily the views/policy of the charity or its supporters.



Patron: Lady Kingsdown, OBE
An independent Multiple Sclerosis Charity
Registered Charity No 1178387

